

본 27<sup>th</sup> - 29<sup>th</sup> May 2023

Day 1 7.8mile Prologue TT Stage 1

Day 1 | 40mile Road Stage 2

Day 2 60mile Road Stage 3 Hill Top Finish

Day 3 | 100mile Road Stage 4

은 Pre-Event Brochure



# Welcome to the **3 Days in Yorkshire**

#### **A TOUR SPORTIVE**

Thank you for your entry and participation in this very unique event. Velo29 have always wanted to offer a multi-day Sportive but didn't want to just string together some ordinary Sportives. Launched in 2021, 3 Days in Yorkshire gives you the true Tour riding experience, your chance to spend the weekend like a Tour rider! Not available anywhere else other than to a UCI Pro!

This is your pre-event read to give you an idea about what to expect over the weekend. Following this will be a Road Book which has more specific route details, timings, rules etc.

The event is based around Carlton Lodge Activity Centre which is just outside of Thirsk. A quick look at the weekend is:

#### Saturday 27th May

07:00 Light Breakfast at the lodge

08:00 - 10:00 Prologue Time Trail

Start at the Race Course, TT on open roads this year.

Individual start times based on entry order, will be sent in a separate email.

#### DO NOT COME TO THE RACE COURSE TO PARK

12:00 Lunch at The Lodge13:00 Road Sportive (73.7km)17:30 Dinner at The Lodge

18:00 Rider Presentation at the Lodge. Also top 3 Female/Male riders from the TT

18:30 Q&A with Carl + Guest (Mary Wilkinson of Team Boompods)

#### Sunday 28th May

**08:00** Breakfast at the lodge

10:00 Road Sportive with Closed Road Mountain Top Finish

**18:00** Dinner at The Lodge

#### Monday 29<sup>th</sup> May

**07:30** Breakfast at the lodge

08:30 Road Sportive

Medal presentation at The Lodge

## **Feed Information**

Feed Location	KM from Start	KM To Next Feed	KM To Finish
Stage 2 - Saturday			
Sawley - Full Fat	36	N/A	37.7
Stage 3 - Sunday			
Gilling East Village Hall - Full Fat	41	N/A	60
Stage 4 - Monday			
Long			
Sawley - Breakfast	58	32	107
Clifton - Full Fat	90	37	75
Sawley Stop 2 - Full Fat	127	N/A	38
Medium			
Sawley - Full Fat	58	N/A	58





### Logistics

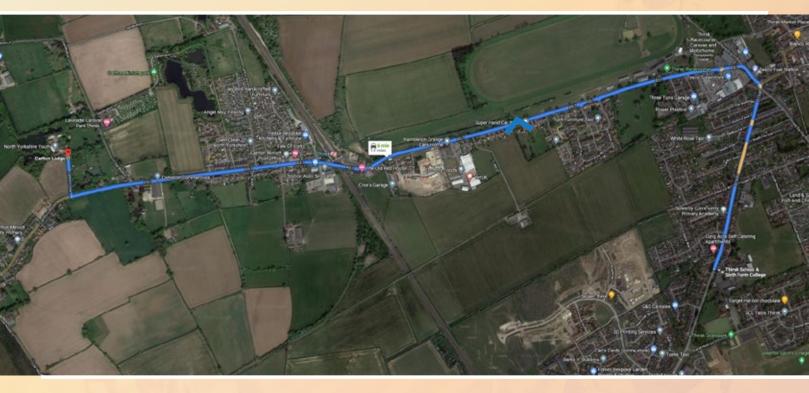
The HQ for the weekend is:

# Carlton Lodge Activity Centre, Carlton Lodge, Carlton Miniott, Thirsk, YO7 4NJ

At the lodge you'll find your Event Support Team, the tepee glamping is based here and the evening activities are held here.

All stages other than the TT start here. The TT starts at the racecourse.

Parking at the lodge is only available for people camping there. For those not sleeping at the lodge please park in the existing Town parking, of which there is plenty. Do drop us an email if you need help, we suggest you plan the parking before coming to the site. events@velo29.com



Hopefully you have all now sorted accommodation/ travel. Very limited on-site tepees are still available at the time of writing, please go here to book them <a href="https://www.northernstartepees.co.uk/3-days-in-yorkshire.html">https://www.northernstartepees.co.uk/3-days-in-yorkshire.html</a>

There are local campsites and a good selection of hotels and B&Bs available for you to book yourself.



Saturday 27<sup>th</sup> May Stage 1 Prologue Time Trail 12.5km 08:00 am Start

As with any major Tour, we start with a short individual TT. Riders start at 1 minute intervals from 08:00 – 10:00 and race a left turn only, marshalled open road TT course.

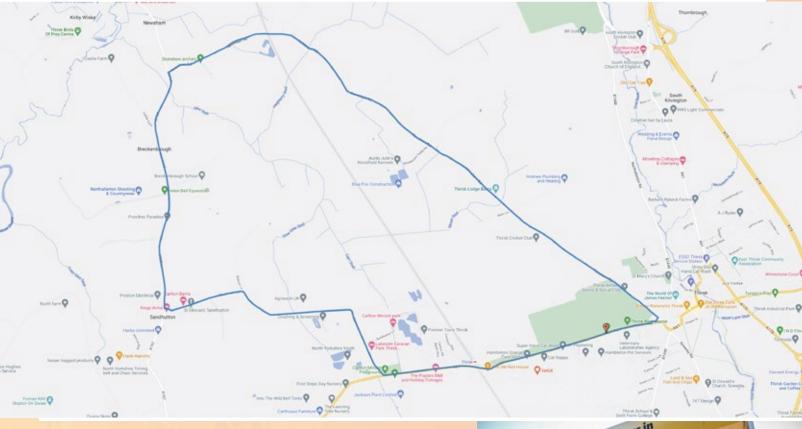
You will start from the Start Ramp and must depart at the time your allocated time.

The clock starts running at your allocated time so arrive late and you'll get a slow time!

N.B. Time Trails are allowed on the open roads however we please need you to acknowledge this is an open road event, rules of the roads apply at all time.

We turn left only and each turn will be marshalled however the marshals have the power to stop you, NOT THE TRAFFIC!

Results will be confirmed back at The Lodge during Lunch.



The Start/Finish is filmed and streamed live!



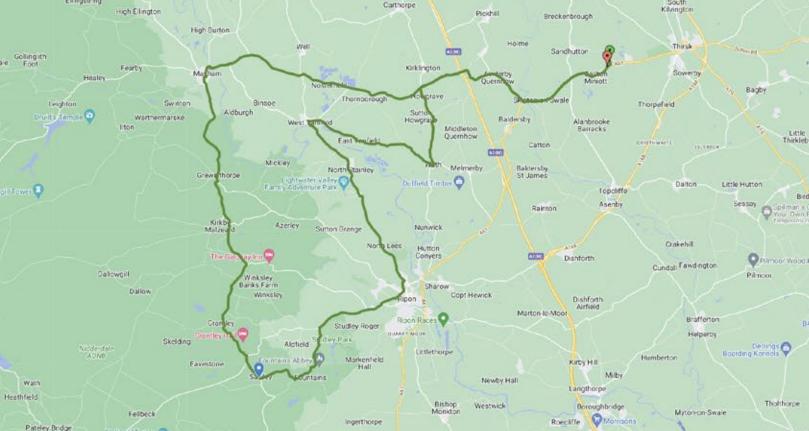
Lunch is served back at The Lodge 12:00 onwards.



Saturday 27<sup>th</sup> May Stage 2 Road Sportive 73.7km 13:00 Start

Saturday afternoon is a standard open road Sportive. You will receive a chip time for this and other open road stages but these are not considered Results.

Riders will depart in pre-booked slots as per all Velo29 Sportives and your start time will be based on the scheduled start time. Your finish time is when you ride under the gantry having completed the 64.4km stage.



Dinner will be served at The Lodge at 17:30 during which we will host the rider presentation.

Riders will have a chance to attend the stage, sign the rider list and have a few words with Carl. This is Streamed Live and Recorded to be part of the weekend event video.

The signing-on board will be retained at Velo29 HQ forever to celebrate the participants of 3-Days in Yorkshire 2023.

To close the day we have a 30 minute Q&A with Carl on the stage, with Mary Wilkinson of Team Boompods.



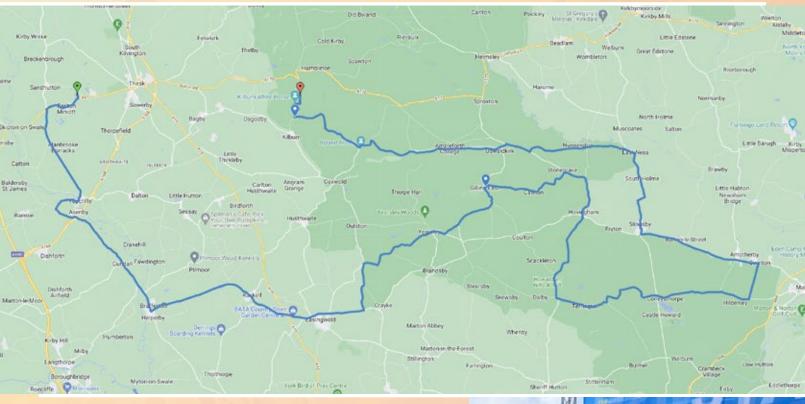
Sunday 28<sup>th</sup> May Stage 3 Road Sportive with Mountain Finish 101.2km 10:00 Start

No Tour is complete without a Mountain Top Finish!

The locally infamous White Horse Bank will be closed to all traffic for you to race up! Rules of the road are suspended so we are able to rank results and declare a King and Queen of The Mountains! You will be timed from the base of the climb to the top and the fastest is the K/Q OM! No prizes but a huge amount of prestige!

We depart The Lodge at 10:00 under standard road rules (only White Horse Bank is suspended). There is a feed stop on the way of course.

If you're bringing friends and family to watch then White Horse Bank is the place to send them and watch you speed over the line like a cycling hero!



You'll need to ride back to Thirsk from White Horse Bank, about 5 miles, down hill :)



Dinner is served back at The Lodge at 18:00.



Monday 29<sup>th</sup> May Stage 4 Road Sportive 165,4km 08:30 Start

A classic 100m sportive with a TDF type profile. Two major climbs of Lofthouse and Greenhow Hill in the middle of the stage which then gradually flattens out and is pan flat for the last 34miles. Goes through the heart of Nidderdale another AONB so expect some stunning views along the way.



You'll depart The Lodge at 08:30, an earlier start as it's a long stage and many of you will travel home after the event.

From 13:00 onwards we will be handing out the medals at The Lodge, with your bike you will head to the stage, be presented with the Medal and photographed in front of the 3 Days wall of fame, your story captured forever!

You are then free to leave, a fully experienced Tour Rider!

### **Event Sponsors**





